



# Florida's Choice

## HEALTH CARE

### FLORIDA SENIOR RESOURCE DIRECTORY

#### Abuse and Neglect

- [Report Elder Abuse/Neglect/Exploitation](#)
- [Elder Abuse Prevention & Signs of Abuse Brochure](#)
- [Elder Abuse Prevention Program](#)
- [National Center on Elder Abuse](#) - Administration on Aging (AoA)

#### Aging - General Information

- [American Association of Retired Persons \(AARP\)](#)
- [Eldercare Locator](#) - a tool provided by the U.S. Administration on Aging
- [Florida Department of Veterans Affairs](#), [U.S. Department of Veterans Affairs](#)
- [Guide to Benefits Programs for Seniors](#)
- [National Council on the Aging \(NCOA\)](#)
- [National Institute on Aging](#)
- [Older Floridians Handbook](#)
- [The American Geriatrics Society](#), [Health in Aging](#)
- [State of Florida Retirement](#), [FRS Newsletters](#)
- [U.S. Department of Health and Human Services](#)
- [U.S. Social Security Administration](#)

#### Alzheimer's Disease and Dementia

- [About Alzheimer's Disease](#) - National Institute on Aging
- [Alzheimer's Disease Initiative](#)
- [Alzheimer's Association](#) - National
- [Alzheimer's Disease Education & Referral Center](#)
- [Caregiver's Stress Check](#) - Alzheimer's Association
- [Florida Alzheimer's Disease Initiative Education Manual](#)

#### Area Agencies on Aging (AAAs)

Area Agencies on Aging (AAAs) are private, not-for-profit entities designated by the Older Americans Act to advocate, plan, coordinate and fund a system of elder support services in their respective Planning and Service Areas. Each of the eleven Area Agencies on Aging in Florida is a designated [Aging and Disability Resource Center](#).

#### Aging Resource Centers (ARC) & Aging and Disability Resource Centers (ADRC)

The Aging (and Disability) Resource Center (ARC or ADRC) is a single, coordinated system of information and access for all Floridians seeking long-term care resources.

- [Find Your Local Aging Resource Center](#).

#### Assisted Living Facilities (ALFs)/Nursing Homes

- [Assisted Living Facilities - Florida Affordable Assisted Living Website](#)
- [Assisted Living Facilities - How to select](#)
- [Assisted Living Facilities - Guide](#)
- [Find Assisted Living Facilities \(ALF\)/Nursing Homes in your area](#) (AHCA)
- [Find ALFs or Nursing Homes Inspection Report](#) (AHCA)

- [File a Complaint against a Facility/Nursing Home](#) (AHCA)
- [Nursing Home - How to Select](#) (AHCA)
- [Nursing Home Guide , Alternatives to Nursing Home](#) (AHCA)
- [Senior Housing Facilities](#)

- [Senior Living](#)
- [State Veterans' Nursing Homes](#)

#### Caregivers Support & Information

- [Caregiver Assistance Programs](#)
- [Caregiver Resources](#) - Medicare.gov
- [Care g i v e r ' s   S t r e s s   C h e c k](#) - Alzheimer's Association
- [National Family Caregiver Support Program](#)

#### Complaints

- [Consumer Complaint Filing](#) - Division of Consumer Services  
(Regarding Business Opportunities, Charitable Organizations, Dance Studios, Do Not Call (Florida List), Game Promotions/Sweepstakes, Health Studios (Gyms), Lemon Law, Motor Vehicle Repair, Movers (Household Intrastate), Pawnshops, Sellers of Travel, Surveyors and Mappers, and Telemarketing)
- [Consumer Complaint Filing](#) - Department of Business & Professional Regulation (DBPR)
- [File a Complaint against a Facility/Nursing Home](#) (AHCA)
- [File a Long-term Care Resident Complaint](#) ([1-888-831-0404](tel:1-888-831-0404)     [1-888-831-0404](tel:1-888-831-0404) FREE) with the Florida Long-Term Care Ombudsman Program.

Dementia - see "[Alzheimer's Disease and Dementia](#)"  
Disaster Preparedness

- [Disaster Preparedness](#)
- *Disaster Preparedness Guide:* [English](#), [Spanish](#)
- [Florida Division of Emergency Management](#)

#### Education

- [Florida Department of State Library & Information Services](#)
- [Internet Public Library](#)
- [Library of Congress](#)
- [RoadScholar](#) - (formerly known as Elderhostel) Educational Travel & Learning Vacations for Adults

Emergency Response - see [Disaster Preparedness](#)  
Florida Information

- [Florida Vacations & Tourism](#) , [Interactive Florida Map by City](#) , [Beaches](#)
- [Fishing](#) , [Recreational Hunting & Fishing License](#) - Florida Fish & Wildlife Conservation Commission
- [Marina Listings by City](#)
- [Golf Course Listings](#)
- [Outdoors & Nature](#)

Local Governments: [Florida Cities](#) , [Florida Counties](#)  
State Government: [State of Florida Agencies](#) , [Florida Legislature](#)

#### Finance and Investments

- *Identity Theft Prevention:* [English](#), [Spanish](#)
- *Protect Yourself from Financial Exploitation:* [English](#), [Spanish](#)
- *Protect Yourself from Home Repair Fraud:* [English](#), [Spanish](#)
- [Safeguards Our Seniors](#) - Florida Department of Financial Services

## Gift Giving

- [Division of Consumer Services Gift Givers Guide](#) - search for an organization.

## Health

- [County Health Department Links](#) (Department of Health - DOH)
- [Flu \(Influenza\) Prevention, Locate a Flu Shot](#) (DOH)
- [Guide for Long-term Care Facilities](#) (DOH)
- [Health Professionals Licensure Lookup](#) (DOH)
- Health Care Directives & Downloadable Forms: [English](#), [Spanish](#) (AHCA)
- [Hip & Knee Replacements](#) (AHCA)
- [Senior Falls Prevention](#)
- [Senior Health Resource Links](#) (DOH)

Vaccinations:

- [Recommended Adult Immunization Schedule](#) - Centers for Disease Control & Prevention (CDC)

## Health Insurance

- [BenefitsCheckUp](#) - the nation's most comprehensive web-based service to screen for benefits for seniors with limited income & resources. Developed and maintained by the National Council on Aging.
- [Compare Health Plans](#) (AHCA Tools)
- [Free Health Insurance Counseling](#) - Serving Health Insurance Needs of Elders (SHINE)
- [Florida Discount Drug Card](#)
- [Florida Medicaid](#) (AHCA)
- [Medicare](#)
- [Prescription Drug Assistance](#)

## Hospice & End-of-life Care

- [Florida Hospice & Palliative Care](#)
- [Hospice Reporting & Information](#)
- [Making Choices: A Guide to End-of-Life Planning](#) addresses many of the crucial issues involved in the end-of-life care.

## Long-Term Care

- [Guide to Long-term Care Planning](#) - National Care Planning Council
- [Long-Term Care Information & Guide](#), [Caregiver Resources](#) - Medicare.gov
- [Long-Term Care Resources](#) - U.S. Department of Health & Human Services

## Housing

- [55+ Housing Communities](#) - search the database maintained by the Florida Commission on Human Relations
- [Senior Housing Facilities](#)

## Transportation

- [Disabled Parking Permits](#)
- [Driver's License Information](#)

- [Find a Ride](#) - Florida Senior Safety Resource Center (FSSRC) database of community transportation
- [Florida GrandDriver Program](#) - to promote seniors' continued driving safety and enhance their ability to get around the community.
- [Greyhound Busline Service Locations in Florida](#)

Vacations & Tourism - see [Florida Information](#)  
Veterans

- [Florida Department of Veterans Affairs](#)
- [Veterans Service Locations](#), [Employment](#)
- [Florida Veterans Benefits Guide](#)
- [State Veterans' Nursing Homes](#)
- [U.S. Department of Veterans Affairs](#)